

TAKEAWAY MENU



Brunch dishes served all day, 10 - 3

Toast from Blackbird Bakery £5

Homemade Granola, With seasonal fruit, local honey, and Greek yogurt N £5.5

Eggs any way on Sourdough £8

Crushed Avocado on sourdough, topped with two poached eggs & sumac *Vg Gf*
£9

Sweetcorn Fritters served with avocado, tzatziki and tomato salsa, with your choice of
bacon or halloumi *Gf D* - £10.75

Baleadas served with refried beans, spinach, crushed avocado, feta & chilli sauce *Gf Vg*
£11

Spinach and courgette fritters served with pickled onions and watercress topped w
Smoked Salmon & Tzatziki *Gf D N* - £13 *Or* Avocado & Feta *Gf D N* - £12

Open-faced sandwiches served all day, 10 - 3

Lamb wrap, garlic vinaigrette, tzatziki - £7.25

Fig, Rocket and Goats Cheese *V Gf* - £6.75

Cheddar and homemade onion chutney melt *V Gf D* - £5.5

Homemade Chips with Saffron Aioli *Vg Gf* - £4

Oooh go on then: Poached egg (£2) // Sausage, Bacon, Halloumi, Smoked Salmon (£3)

Salads served between, 12-3pm

Please see our website or Instagram for the Salads of the Week

A selection of two salads and one protein for £12

A selection of one salad and one protein for £10

Add your protein:

Falafel *Vg Gf*

Chicken thigh coated in breadcrumbs,
coconut and black sesame *D*

Lamb Leg Steak *Gf D* (+£1.50)

Thai Fishcakes *Gf* (+£1.50)

Halloumi *Gf D*

Homemade Goodies, 9 - 4

Sausage Roll £4

Spinach & Feta Roll £3.75

Banana Bread £3

Raspberry Brownie *Gf N* £3.75

Croissant £2.5

Pain au Chocolat £2.5

Almond Croissant £2.95

Flapjack £2.5

Vegan Energy Ball N £2.75

Spinach Shop, 9 - 4

1kg bag of Moonroast Coffee £23

6 eggs £1.80

White Sourdough, loaf £4.5

Plain Flour £2.6

Self Raising Flour 2.6

Gluten Free Plain Flour £2.6

Gluten Free

Self Raising Flour £2.6

Spelt Flour £2.6

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Full range of Coffees, Teas,
Smoothies, Super Juices, Soft
Drinks and Bloody/ Virgin
Marys available too

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*Gf gluten free option available -
V vegetarian option available -
Vg vegan option available -
N contains nuts - D contains dairy*

SPINACH



161 Lordship Lane, East Dulwich SE22 8HX T: 020 8299 3344

www.spinach.london @spinachlondon